

As a bed-holder in a community garden supported by the City Growers / Allegheny Grows program, you are entitled to 4 free seedlings and a selection of seeds. These seedlings and seeds must be planted on community garden property.

SEEDLINGS

The seedlings will be delivered on your garden's Planting Day. Each gardener will receive 1 tomato plant, 1 pepper plant, 1 culinary herb plant, and 1 flower plant. The varieties are described below.

If you are unable to attend planting day, please give one of the garden coordinators directions about what varieties you prefer and where they should be kept. Please plant your seedlings within one day or arrange for them to be watered until you are able to plant them.

Tomatoes

Plant 24-36" apart in moderately fertile soil. Stake or cage to support vines and make picking easier. Do not over fertilize. When tomatoes fully turn desired color, and are slightly soft to the touch, pull or clip from the plant. Store tomatoes at room temperature.

<u>Big Beef</u> - Large beefsteak-type. Smooth round shape; good, rich flavor. Excellent production. Hybrid.

San Marzano - Medium-size, oblong fruits great for sauces, canning, paste or puree. Heirloom.

<u>Sun Sugar</u> - Bright orange, super-sweet, slow-to-crack fruit. Like candy! Heavy production.

Peppers

Plant 12-18" apart in fertile, well-drained soil in full sun. Do not fertilize with Nitrogen sources, which decrease production. Clip stem that attaches to pepper when fruit reaches desired size.

King of the North - Sweet pepper. Medium-sized, blocky bells turn from green to red.

<u>Jalapeño</u> - Spicy with distinct flavor. Heavy yielding plant with shiny dark green peppers.

Culinary Herbs

<u>Italian Large Leaf Basil</u> - Annual. Large plant with shiny, dark green leaves up to 4" long. Sweet flavor & high yields. 4-8" spacing, in full sun. Will not survive frost. Clip stem above any set of leaves. Clip off any flowers, to encourage leaf production.

<u>Dark Triple Curled Parsley</u> - Biennial. 16-18" plant. Double and triple curled leaves. Good flavor, tolerates heat well. 12-18" spacing. Plant in direct sun, in rich soil with plenty of moisture. Replant yearly for best flavor. Clip oldest, outer leaves at base of stem, allowing center leaves to grow.



- German Winter Thyme Perennial. 6-12" compact plant. Good flavor and yield, very winter hardy. 6-8" spacing. Plant in sun or part shade. Likes good drainage. Clip stems as needed.
- <u>Greek Oregano</u> Perennial. 8-24" plant. True oregano with full aroma and flavor. 12" spacing. Plant in sunny location, in light, well-drained soil. Do not overfeed. Harvest when beginning to flower. Clip stems as needed.
- <u>Chives</u> Perennial. 15-18" plant with flat leaves. Delicate garlic flavor. 6-8" spacing, in sun or part shade. Divide clumps every few years. Cut back after bloom. Clip leaves as needed. White blooms are also edible.
- <u>Lavender</u> Perennial. 18-26," spreading plant. Strong lemon scent for tea. 12" spacing. Plant in direct sun, in fertile, well-drained soil. Spreads readily, and may take over a space. Clip leaves as needed. Cutting above sets of leaves will encourage branching.

Flowers

- <u>Yarrow</u> Perennial. 30" tall. Wide color range, almost the complete spectrum of pastels. Medicinal use fresh or dried. Excellent for borders. Beneficial insect attractor.
- <u>Anise Hyssop</u> Perennial, 24-36" tall. Licorice, mint flavor; leaves and flowers used for tea and salad; attracts bees. Plant 6" apart, in full sun. Clip individual leaves or stem above any set of leaves; clip flowers at any time.

SEEDS

We will be providing the following seeds to each garden. They will be left in the garden shed for gardeners to use as-needed.

Detailed spacing and cultivation info for each crop can be found in the garden binder in the shed.

- <u>Arugula Astro</u> Early, heat tolerant variety. Slightly milder flavor. Arugula does prefer cool conditions and is hardy enough to over-winter in many locations from late summer and early fall sowings.
- <u>Beans Kentucky Wonder</u> Pole variety with solid meaty pods, 7–9" long. Enormously productive. Nutty flavor makes them outstanding for freezing and cooking. Pick regularly to maintain quality and production. Pods flatten as beans mature.
- <u>Beans Bush Blue Lake</u> Bush variety. The taste standard for home-garden bush beans. Pods average 6", fill slowly with tender plump beans. Very high yields. Not heat tolerant, but excellent for fall crops.
- Beets Red Ace Round, smooth, deep red roots grow rapidly and uniformly. Sweet and



tender, even when older. Medium-tall, red-veined greens for bunching.

- <u>Carrots Yaya</u> A pelleted seed (coated with clay) for easy seeding. Consistently sweet, fast-growing variety. Smooth, uniform roots. Harvest early as a baby carrot or later at full size. May be dug any time after they reach a good orange color (bright, not pale). Sow at 3 week intervals for a continuous supply.
- <u>Cucumber Diva</u> Distinctly tender, crisp, sweet, non-bitter, seedless cuke for fresh eating. Plants are gynoecious (all-female) and parthenocarpic (grow fruits without pollination). Not as attractive to cucumber beetles as some varieties. Once bearing begins, pick daily.
- <u>Cucumber Little Leaf</u> Blocky, medium-length fruits good for fresh eating and pickle well.

 Vines are compact, multi-branching and yield well even under stress.

 Parthenocarpic (plants can set fruit without pollination). Once bearing begins, pick daily.
- <u>Chard Bright Lights</u> Lightly savoyed (rippled), green or bronze leaves with stems of many.

 Milder flavor than ordinary chard. Suitable for production year round, but not frost hardy. Sow beginning midspring and on into mid summer. Harvest regularly by cutting the outer, biggest leaves 3" from the ground.
- <u>Kale Winterbor</u> Grows up to 2-3 ft.. Excellent yield and cold hardiness. Leaves are well-curled, blue-green, and ruffled. Vigorous plants will continue growing to produce leaves for successive harvests as the lower leaves are harvested. Very hardy with increased eating quality into late fall and harvestable through the winter.
- <u>Lettuce Encore Mix</u> A stunning mix of different colors, shapes and textures. Includes Green Oakleaf, Red Oakleaf, Green Romaine, Red Romaine, Lollo Rossa, Red Leaf, and Bibb lettuces. Plant in band or patch. Begin harvesting in about 3 weeks by clipping with scissors; most plants in the mix will regrow.
- <u>Lettuce Coastal Star</u> Heat tolerant, full-sized romaine. The large, heavy heads are dark green. Good, sweet flavor.
- <u>Lettuce Skyphos Red Butterhead</u> Beautiful, large dark red heads with nicely contrasting green centers. Excellent flavor and texture. The surest heading of red butterheads.
- <u>Peas Sugar Snap</u> The vines are tall, growing about 6' or more, and need support. Pods are about 3" long, 1/2" across, and bear over a long picking period. Both peas



- and pods are sweet. Yields well in both hot and cold weather. Remove string from pods before cooking.
- <u>Spinach Tyee</u> Standard savoy spinach. Known for its bolt resistance and vigorous growth.

 Dark green leaves with upright growth habit. Suitable for spring, summer, and fall crops. Ideal for overwintering. Space close together for clipping leaves and farther apart for bunching and full size.
- <u>Squash, Winter</u> Sweet REBA Acorn REBA stands for Resistant Early Bush Acorn.

 Despite compact bush habit (3' wide), heavy yields of 1–1-1/2 lb. fruit. Sweet flavor.
- Squash, Winter JWS6823 Butternut Mildew resistant, reduced vine, medium size. The fruits are slightly smaller than other Butternut, avg. 3-4 lb. Good taste. Avg. yield 4-5 fruits/plant. For winter storage, cut stems about 1" from the fruit when stem is drying and skin is hardening before heavy frost. Handle fruits like eggs! Cure for storage at 80-90°F (27-32°C) with ventilation for 3-5 days.
- Squash, Summer Spineless Beauty Zucchini The 7-1/2x1-1/2" medium-dark green fruits are borne on open plants (3' wide) with spineless stalks. For all squashes, male blossoms typically precede females by about a week. Females have a bulge at the base of the blossom, an early stage of the fruit forming.
- <u>Flower Lemon Gem Marigold</u> Hundreds of petite flowers cover neat, low mounds of lacy foliage with a citrusy scent. Long-blooming for beds, borders and containers. Ht. 8-10"
- <u>Flower Beneficial Insect Attractant Mix</u> Perennial and annual varieties in this mix attract a wide array of beneficial insects that prey upon garden-harming bugs. Mix contains: Yarrow, Ammi, Golden Tuft, Dill, Cilantro, Cosmos, Buckwheat, Leaf Fennel, Hairy Vetch, Sweet Alyssum, Mizuna, Lemon Balm, Basil, and Clover.

On Planting Day, we'll also be bringing the following seeds. These will not be left in the shed:

Broccoli - DeCicco	Calendula - Flashback mix	Cabbage - KY Cross, Red Express
Corn - variety	<u>Cilantro - Claypso</u>	Collards - Champion
<u>Kale - Red Russian,</u> <u>Toscano</u>	Melon - Sugar Baby, Hale's Best	Mustard - Green Wave



Okra - Clemson Spineless	Onion, bunching - Guardsman	Pumpkin - Baby Pam, Jack Be Little
Radish - Easter egg mix	Turnip - Purple Top White Globe	Summer Squash - Saffron (yellow)